



#### Presentation

Sudokof<sup>TM</sup> Antitussive Syrup: Each 5 ml syrup contains Dextromethorphan HBr BP 20 mg, Phenylephrine HCl BP 10 mg & Triprolidine HCl BP 2.5 mg.

#### Description

Sudokof Antitussive syrup is a mixture of antitussive, decongestant and antihistamine agents.

Dextromethorphan is used to suppress dry cough. Dextromethorphan is safe, effective and non-narcotic antitussive. It blocks the cough reflex in situations where the dry cough serves no purpose. It does so by calming the cough centre of the brain that governs the coughing reflex. Dextromethorphan does not induce tolerance, and has no potential for addiction like opiates.

Phenylephrine acts by stimulating alpha-adrenergic receptors. Phenylephrine acts on receptors in the muscles of the blood vessel walls, causing them to contract. This results in narrowing of the blood vessels and decreased blood flow in the lining of the nose and sinuses. Thus fluid congestion in the nose and sinuses is reduced.

Triprolidine is a strong antihistamine, which acts on histamine-1 (H<sub>1</sub>) receptor. It blocks the action of histamine, preventing dilatation of blood vessels, reducing redness and swelling. It may cause mild drowsiness

## Indications and Uses

Sudokof, the combination of Dextromethorphan, Phenylephrine & Triprolidine is used to relieve the symptoms of colds and flu, runny nose, nasal congestion and cough, where these are associated with dry cough.

## **Dosage and Administration**

Age	Dose
Adults and Children over 12 years	1 teaspoonful (5 ml) 4 times in a day
6-12 years of age	½ teaspoonful (2.5 ml) 4 times in a day

#### Side effects

Few side effects to be associated with this medicine are known such as rash, disturbed sleep, drowsiness, disturbances of the gut such as diarrhoea, constipation, nausea, vomiting or abdominal pain, dry mouth, nose and throat are occasionally reported.

### Contraindication

This combination is contraindicated in patients with a known hypersensitivity to Dextromethorphan, Phenylephrine or Triprolidine. Contraindicated in persons under treatment with monoamine oxidase inhibitors within 2 weeks of stopping such treatment. It is contraindicated in patients with severe hypertension or severe coronary artery disease.

# Precaution

The combination preparation may cause drowsiness and impair performance in tests of auditory vigilance. It may also impair the patients' ability to drive and also to use machineries. Although there are no objective data, users of this syrup should avoid the concomitant use of alcohol or other centrally acting sedatives. Although Phenylephrine has virtually no blood pressure effect in patients with normal blood pressure, this combination should be used with caution in patients taking antihypertensive agents, tricyclic antidepressants or other sympathomimetic agents such as decongestant, appetite suppressants and amphetamine like psychostimulants. As with other sympathomimetic agents caution should be excercised in patients with hypertension, heart disease, diabetes, hyperthyroidism, elevated intraocular pressure and prostatic enlargement. This combination should not be used for persistent or chronic cough that occurs with smoking, asthma, or emphysema or where cough is accompanied by excessive secretion unless directed by a physician.

# Use in Pregnancy and Lactation

Pregnancy: There is no information regarding safety of this medicine in pregnancy. So it must be consulted with doctor before using in pregnancy.

Lactation: The effect of this medicine on the breastfed baby is unknown; therefore this medicine should be used with caution in breastfeeding mothers.

# Storage conditions

Store at cool & dry place. Protect from light. Keep out of the reach of the children .

### Storage

Do not store above 30° C. Keep away from light and out of the reach of children.

## Commercial pack

Sudokof™ Antitussive Syrup: Each box contains an amber color PET bottle of 100 ml syrup and a measuring cup.

Manufactured by

Incepta Pharmaceuticals Ltd Savar, Dhaka, Bangladesh TM Trademark