



# Ziflu®

Zinc tablet & syrup



## Presentation

Ziflu®10 Syrup : Each 5 ml of syrup contains Zinc Sulfate USP (as Monohydrate) 27.44mg equivalent to Elemental Zinc 10mg.

Ziflu®20Tablet : Each tablet contains Zinc Sulfate USP (as Monohydrate) 54.88mg equivalent to elemental Zinc 20mg.

## Description

Zinc is an essential trace mineral, which means that it must be obtained from the diet since the body cannot make enough. Next to iron, zinc is the most abundant trace mineral in the body. Stored primarily in muscle, zinc is also found in high concentrations in red and white blood cells, the retina of the eye, bones, skin, kidneys, liver, and pancreas. Some of the symptoms of zinc deficiency include loss of appetite, poor growth, weight loss, impaired taste or smell, poor wound healing, skin abnormalities (such as acne, atopic dermatitis and psoriasis), hair loss, night blindness, hypogonadism and delayed sexual maturation, white spots on the fingernails and feelings of depression.

## Indications and Uses

Indicated for the treatment of diarrhea, zinc deficiency, immune deficiency, age related blindness, prevention and treatment of colds, maintenance of taste and smell, male potency and sex drive, infertility, prostate problem, hair loss and diabetes & rheumatoid arthritis.

## Dosage and Administration

Zinc supplements are most effective if they are taken at least 1 hour before or 2 hours after meal.

### Children

Children under 10kg: 2 teaspoonful Ziflu 10 syrup daily in divided doses after food.

Children within 10-30kg: 2 teaspoonful Ziflu 10 syrup 1-3 times daily.

Children over 30kg: 4 teaspoonful Ziflu 10 syrup 1-3 times daily after food.

Adults: 1 Ziflu 20 tablet three times daily or as directed by the physician.

## Contraindications

Zinc is contraindicated in patients who are hypersensitive to Zinc or any component of the product.

## Precautions

Food may decrease the absorption of Zinc. Hence the patients are advised to take the preparation at least 1 hour before or 2 hours after meal.

## Side Effects

Most of the supplements including Zinc are considered to be safe. However, few mild side effects such as nausea, vomiting, headache, drowsiness, gastric ulcer, metallic taste may be occur.

## Use in pregnancy & lactation

The patients should consult to the physician before use the preparation.

## Storage

Do not store above 30 °C. Keep away from light and out of the reach of children.

## Commercial Pack

Ziflu®10Syrup: Each bottle contains 100 ml of syrup.

Ziflu®20 Tablet: Each box contains 10 blister strips of 10 tablets.

Manufactured by  
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Savar, Dhaka, Bangladesh  
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V.N. 02

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